



INSTRUCTIONS



1. Product must be refrigerated. Before using, allow product to warm to room temperature. This will make it easier for the tray to adhere to the teeth. Remove from package.



2. Center tray on arch.



3. Gently suck down on the tray. Do not press tray against teeth as it pushes the whitening gel against the gums, causing tissue irritation.



4. Remove outer tray.



5. Suck down.



6. Wear Opalescence Go whitening 6% for 60-90 minutes.

